



Wellenger School of Music

COMPREHENSIVE
MUSIC EDUCATION

for schools & nurseries

EURHYTHMICS



Dalcroze methodology

 Attractive educational approach

 Recommended to every age group

active listening



fun and learning





Dalcroze Eurhythmics

BUILDS YOUR:

confidence ✓

coordination ✓

concentration ✓

creativity ✓

musical knowledge ✓

sensitivity & empathy ✓

self - esteem ✓

mental health ✓



PRICE LIST:

Nurseries:

- ◆ 30 min session - once a week
- ◆ 10 - 25 participants for a group depending on the space.
- ◆ £40 - cost per one session including preparation

Primary Schools:

- ◆ 45 min session - once a week
- ◆ 10 - 25 participants for a group depending on the space.
- ◆ £50 - cost per session including preparation

Secondary Schools:

- ◆ 55 min session - once or twice a week
- ◆ 10 - 35 participants for a group depending on the space.
- ◆ £55 - cost per one session including preparation
- ◆ £45 - reduced cost per one session if you wish us to provide sessions twice a week



Caption

Sessions are provided by the music educator
Magdalena Wellenger – specialist of
Eurhythmics, Piano and Singing
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**COMPREHENSIVE MUSICAL EDUCATION
SUPPORTS
MENTAL HEALTH
AND
PREVENT AGGRESSION AND VIOLENCE**

WHAT IS DALCROZE METHODOLOGY?

OUR PROGRAM



WHAT YOU WILL LEARN

- Rhythmic & Motor Exercises with Piano Accompaniment → Corrective exercises = correction of posture = better coordination
- Simple Percussion Instruments → Active listening, developing sense of rhythm = better concentration
- Solfege / Solfa → Singing, hearing effectively and understanding melodic lines
- Aural Training → Developing inner musical sense = better concentration
- Voice Projection → Learning songs = better vocabulary
- Movement Expression → Controlling emotions = better self esteem and confidence
- Music Therapy → Active listening classical music = better control of emotions
- Musical Notation → Understanding rhythm and melody
- History of Music → History of music
- Plastique Animee → Visual analysis of a piece of music using the body as the vehicle.

A GREAT START OF EDUCATION

GOOD FOUNDATION FOR THE FUTURE



**IN TERMS OF SOCIAL
DISTANCING
WE OFFER ACTIVITIES
WITH MINIMUM RISK
&
MAXIMUM
CREATION**

ALL ACTIVITIES ARE CRAFTED FOR THE AGE GROUPS

